



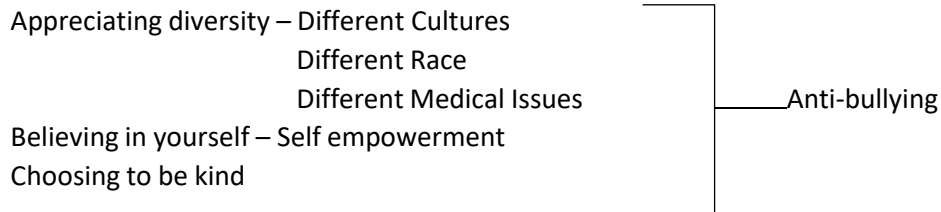
Appreciate Diversity
Believe in Yourself
Choose Kind(ness)



BORN A HERO ABC KIND PROGRAM - Developing *Empathy* and *Respect* for Self and Others

We can intentionally teach children to **A**ppreciate Diversity, to **B**elieve in themselves and to **C**hoose Kindness, to open their world by lifting up ALL people without bringing anyone down. We understand that teachers are already working hard to do this. BORN A HERO hopes that the ABC Kind Program will be a resource to complement and support these teachings. We know that it takes repetition to learn any subject, therefore our themes are repeated in our varied lessons and via different modalities. ABC Kind is a flexible program that encourages the teacher to bring in personal experiences and ideas. We base lessons on books, and enhance lessons with songs, and/or poems, and art or writing activities that can easily support early literacy goals and the social skills necessary to become empathetic human beings

Our approach encompasses many social issues that come together to make it a powerful program



- Can easily be incorporated into a school’s curriculum.
- Includes literacy enrichment exercises. Teachers can integrate their literacy goals.
- Includes writing opportunities
- Complements Read Aloud and SEL
- Includes three volumes

Volume 1: Preschool and Kindergarten

- 11 books with lesson plans and discussion questions
- Links to songs and printed lyrics (Can be projected on smart boards or printed on poster paper to be used with suggested early literacy activities- beginning sounds, sight words, and chunking)
- Simple art activities that reinforce themes in books, including cut out patterns
- Materials other than photocopy sheets for art activities will be provided

Volumes 2 and 3: 1st Grade & 2nd Grade

- 9 books with lesson plans and discussion questions
- Poems or song links for group literacy activities
- Print outs for writing activities